

EBSCO

Tutorial



The CINAHL Databases


Basic Searching Tutorial

featuring:

CINAHL Ultimate

New Search Publications CINAHL Subject Headings Evidence-Based Care Sheets Quick Lessons More ▾ Sign In Folder Preferences Languages ▾ Help

Demonstration Medical Library



Searching: CINAHL Ultimate | [Choose Databases](#)
☐ Suggest Subject Terms

Enter any words to find books, journals and more


[Search Options](#) ▾ Basic Search [Advanced Search](#) [Search History](#)

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In this tutorial, you will learn how to conduct a basic search using the CINAHL databases. In addition, we look at how to access Evidence-Based Care Sheets and Quick Lessons on CINAHL Ultimate, CINAHL Complete, and the CINAHL Plus databases.

New Search Publications CINAHL Subject Headings Evidence-Based Care Sheets Quick Lessons More ▾ Sign In Folder Preferences Languages ▾ Help

Demonstration Medical Library



Searching: CINAHL Ultimate [Choose Databases](#)

☐ Suggest Subject Terms

migraine

?

[Search Options ▾](#) Basic Search [Advanced Search](#) [Search History](#)

Search Options

Search Modes and Expanders

Search modes ?

- ☒ Boolean/Phrase
- ☐ Find all my search terms
- ☐ Find any of my search terms
- ☐ SmartText Searching [Hint](#)

Apply related words ☐

Also search within the full text of the articles ☐

Apply equivalent subjects ☐

Limit your results

Full Text ☒

References Available ☐

Published Date Publication

We begin by conducting a keyword search from the Basic Search screen with the available **Search Options** opened. Enter **migraine** in the search box and select the **Full Text** limiter to restrict results to those including full text only.

Searching: [CINAHL Ultimate](#) [Choose Databases](#)
☐ Suggest Subject Terms

migraine [?](#)

[Search Options](#) Basic Search [Advanced Search](#) [Search History](#)

Search Options

Search Modes and Expanders

Search modes [?](#)

- ☒ Boolean/Phrase
- ☐ Find all my search terms
- ☐ Find any of my search terms
- ☐ SmartText Searching [Hint](#)

Apply related words
☐

Also search within the full text of the articles
☐

Apply equivalent subjects
☐

Limit your results

Full Text
☒

Published Date

Start month: Start year: — End month: End year:

Clinical Queries

- All
- Therapy - High Sensitivity
- Therapy - High Specificity
- Therapy - Best Balance

Image Quick View
☐

References Available
☐

Publication

Peer Reviewed
☐

Exclude Pre-CINAHL
☐


Image Quick View Types

- ☐ Black and White Photograph
- ☐ Chart
- ☐ Color Photograph
- ☐ Diagram

You can apply additional limiters to your search such as **Peer Reviewed** and **References Available**.

New Search Publications CINAHL Subject Headings Evidence-Based Care Sheets Quick Lessons More • Sign In Folder Preferences Languages • Help

Demonstration Medical Library



Searching: **CINAHL Ultimate** [Choose Databases](#)

☐ Suggest Subject Terms

migraine.

[Search Options](#) Basic Search [Advanced Search](#) [Search History](#)

Search Options

Search Modes and Expanders

Search modes [?](#)

- ☒ Boolean/Phrase
- ☐ Find all my search terms
- ☐ Find any of my search terms
- ☐ SmartText Searching [Hint](#)

Apply related words ☐

Also search within the full text of the articles ☐

Apply equivalent subjects ☐

Limit your results

Full Text ☒

References Available ☐

Search Modes enable you to automatically place an **OR** between search terms by clicking the radio button for the **Find any of my search terms** search mode. To place an **AND** between your search terms, select the **Find all my search terms** search mode. Place a check in the box for **Apply related words** to further expand your results. After applying your limiters or expanders, click **Search**.

EBSCOhost

Searching: **CINAHL Ultimate** | [Choose Databases](#)

☐ Suggest Subject Terms

migraine

[Basic Search](#) [Advanced Search](#) [Search History](#)

[Sign In](#) [Folder](#) [Preferences](#) [Languages](#) [Help](#)

Demonstration Medical Library

Refine Results

Current Search

Boolean/Phrase:
migraine

Limiters
Full Text

Limit To

☒ Full Text
☐ References Available
☐ Peer Reviewed

From: 1970 To: 2022
Publication Date

[Show More](#)
Options set

Source Types
☐ All Results
☐ Academic Journals (5,595)

Search Results: 1 - 10 of 6,792

Relevance Page Options Share

1 **Effect of soy isoflavones supplementation on **migraine** characteristics, mental status and calcitonin gene-related peptide (CGRP) levels in women with **migraine**: results of randomised controlled trial.**

(includes abstract) Babapour, Maedeh; Khorvash, Fariborz; Rouhani, Mohammad Hossein; Ghavami, Abed; Ghasemi-Tehrani, Hataf; Heidari, Zahra; Karbasi, Mojtaba; Moradi, Fatemeh; Askari, Gholamreza; Ghasemi-Tehrani, Hataf Nutrition Journal, 7/29/2022; 21(1): 1-11. 11p. (journal article - research, randomized controlled trial) ISSN: 1475-2891 PMID: NLM35906640

Academic Journal

Background: Literature suggests a relationship between estrogen levels and **migraine** headache pathogenesis. However, the effect of soy isoflavones on **migraine** characteristic remains unclear. This ...

Subjects: Isoflavones Therapeutic Use, **Migraine** Drug Therapy; Female

[HTML Full Text](#) [PDF Full Text](#)

2 **A Randomised, Double-Blind, Placebo-Controlled Crossover Trial of Resveratrol Supplementation for Prophylaxis of Hormonal **Migraine**.**

(includes abstract) Dzator, Jemima S. A.; Howe, Peter R. C.; Coupland, Kirsten G.; Wong, Rachel H. X. Nutrients, May2022; 14(9): 1763-1763. 10p. (Article - research, tables/charts) ISSN: 2072-6643

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Subjects: Resveratrol Therapeutic Use; Dietary Supplementation, **Migraine** Diet Therapy; Treatment Outcomes Evaluation; Adult: 19-44 years

[HTML Full Text](#) [PDF Full Text](#)

Under **Limit To**, use the date slider to narrow your results by date. Simply drag either end of the slider towards the middle. You can also refine your results even further by clicking the **Show More** link.

Refine Results

Search Results: 1 – 10 of 6,792

Relevance ▾ Page Options ▾ Share ▾

Current Search

Boolean/Phrase: migraine

Limiters

Full Text ☒

Limit To

☒ Full Text

☐ References Available

☐ Peer Reviewed

From: 1970 To: 2022

Publication Date

Source Types

☐ All Results

☐ Academic Journals (5,595)

☐ Magazines (330)

☐ CEUs (59)

☐ Books (28)

☐ Evidence-Based Care Sheets (1)

☐ Quick Lessons (1)

☐ Research Instruments (1)

☐ Quick Lessons (1)

Show More

Subject: Major Heading ▾

Source Types

<input type="checkbox"/> Name	Hit Count ▾
<input checked="" type="checkbox"/> All Results	
<input type="checkbox"/> Academic Journals	5,595
<input type="checkbox"/> Magazines	330
<input type="checkbox"/> CEUs	59
<input type="checkbox"/> Books	28
<input type="checkbox"/> Evidence-Based Care Sheets	1
<input type="checkbox"/> Quick Lessons	1
<input type="checkbox"/> Research Instruments	1
<input type="checkbox"/> Quick Lessons	1

Update **Cancel**

1. Effect of soy isoflavones supplementation on migraine characteristics, mental status and calcitonin gene-related peptide (CGRP) levels in women with migraine: results of randomised controlled trial.

2. A Randomised Controlled Trial of the Effect of Soy Isoflavones Supplementation on Migraine Characteristics, Mental Status and Calcitonin Gene-Related Peptide (CGRP) Levels in Women with Migraine: Results of Randomised Controlled Trial.

3. The Role of Calcitonin Gene-Related Peptide (CGRP) in Migraine Pathogenesis: A Review of the Literature.

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The Result List can include links to source types, such as CEUs (continuing education unit modules), Research Instruments, and Quick Lessons. Click the **Show More** link to view all available Source Types.

New Search
Publications
CINAHL Subject Headings
Evidence-Based Care Sheets
Quick Lessons
More
Sign In
Folder
Preferences
Languages
Help

Searching: **CINAHL Ultimate** | [Choose Databases](#)
☐ Suggest Subject Terms

[Basic Search](#) [Advanced Search](#) [Search History](#)

Demonstration Medical Library

[Basic Search](#) [Advanced Search](#) [Search History](#)

Refine Results

Current Search

Boolean/Phrase:
migraine
Limiters
Full Text

Limit To

☒ Full Text
☐ References Available
☐ Peer Reviewed
From: To:
Publication Date

[Show More Options set](#)

Source Types

☒ All Results
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[HTML Full Text](#)
[PDF Full Text](#)

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[HTML Full Text](#)
[PDF Full Text](#)

Click on a **Full Text** link to read an article.

EBSCOhost

Searching: **CINAHL Ultimate** | [Choose Databases](#)

☐ Suggest Subject Terms

migraine

[Basic Search](#) [Advanced Search](#) [Search History](#)

[Sign In](#) [Folder](#) [Preferences](#) [Languages](#) [Help](#)

Refine Results

Current Search

Boolean/Phrase:

migraine

Limiters

Full Text

Limit To

☒ Full Text

☐ References Available

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Show More Options set

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[HTML Full Text](#) [PDF Full Text](#)

Click on the **folder** icon to collect results in the temporary session folder. To save results beyond the current session, click the **Sign In** link and either sign in to an existing MyEBSCO folder account, or create a new folder account free of charge.

[New Search](#) [Publications](#) [CINAHL Subject Headings](#) [Evidence-Based Care Sheets](#) [Quick Lessons](#) [More ▾](#) [Sign In](#) [Folder](#) [Preferences](#) [Languages ▾](#) [Help](#)

Demonstration Medical Library



Searching [CINAHL Ultimate](#) | [Choose Databases](#)

☒ Suggest Subject Terms

migraine

[Search Options ▸](#) [Basic Search](#) [Advanced Search](#) [Search History](#)

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Searching for subject terms can also be useful. The CINAHL Editorial staff has assigned subject terms based on article content, allowing you to create a targeted search. When you check the **Suggest Subject Terms** box above the search box prior to conducting a search, your terms are searched against the CINAHL Headings authority. From there, you can select headings and subheadings to refine your search.

The screenshot displays the EBSCOhost search interface. At the top, a blue navigation bar contains several links: "New Search", "Publications", "CINAHL Subject Headings" (which is highlighted with a red rectangular box), "Evidence-Based Care Sheets", "Quick Lessons", and "More". To the right of these links are "Sign In", "Folder", "Preferences", "Languages", and "Help". In the top right corner, the text "Demonstration Medical Library" is visible. The main content area features the EBSCOhost logo, which consists of a stylized green and blue circular icon above the text "EBSCOhost". Below the logo, the text "Searching: CINAHL Ultimate" is displayed, followed by a link to "Choose Databases". A checkbox labeled "Suggest Subject Terms" is checked. A search input field contains the text "migraine" and has a small "x" icon to its right. To the right of the input field is a green "Search" button with a question mark icon. Below the search field, there are links for "Search Options", "Basic Search", "Advanced Search", and "Search History". At the bottom of the page, a footer contains links for "EBSCO Connect", "Privacy Policy", "A/B Testing", "Terms of Use", "Copyright", and "Cookie Policy".

You can also click on the **CINAHL Subject Headings** link along the top toolbar to browse for appropriate subject terms. For more information on searching using subject headings, see the “Using CINAHL/MeSH Headings” tutorial on the EBSCO Support Site. The ability to search CINAHL Headings is available in all of the CINAHL databases.

New Search Publications CINAHL Subject Headings **Evidence-Based Care Sheets Quick Lessons** More Sign In Folder Preferences Languages Help

EBSCOhost Database: CINAHL Ultimate -- Quick Lessons Demonstration Medical Library

Subjects

Browsing: CINAHL Ultimate -- Quick Lessons

headache Browse

☒ Alphabetical ☐ Relevancy Ranked

Page: Previous Next

Select one or more items and click **Search**

- ☒ Headaches, Migraine
- ☐ Headaches, Tension-Type
- ☐ Heat Stroke
- ☐ Hemophilia
- ☐ Hepatitis A
- ☐ Hepatitis B
- ☐ Hepatitis C
- ☐ Hodgkin Lymphoma In Adults
- ☐ Hodgkin Lymphoma In Childhood/Adolescence
- ☐ Hypothyroidism In Adults
- ☐ Intimate Partner Violence: Physical Abuse
- ☐ Intimate Partner Violence: Psychological Aspects

When you are searching the CINAHL Plus, CINAHL Complete, or CINAHL Ultimate databases, you can click on the **EVIDENCE-BASED CARE SHEETS** or **QUICK LESSONS** links in the top toolbar to view a list of all available topics. Simply check the box in front of any item on the list and click on the **Search** button.

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Searching: CINAHL Ultimate [Choose Databases](#)

☐ Suggest Subject Terms

(QL "Headaches, Migraine")

Search

[Basic Search](#) [Advanced Search](#) [Search History](#)

Demonstration Medical Library

Refine Results

Current Search

Boolean/Phrase:
(QL "Headaches, Migraine")

Expanders
Apply equivalent subjects

Limit To

☐ Full Text
☐ References Available
☐ Peer Reviewed

From: 2018 To: 2018
Publication Date

Show More


Source Types

☒ All Results
☐ CEUs (1)


Search Results: 1 - 1 of 1

Relevance Page Options Share

1. Headaches, Migraine

 Parks-Chapman, Jeanne, Schub, Tania. In: CINAHL Nursing Guide, 2018 Dec 14; (Quick Lesson - CEU)
CE Module: Headaches, Migraine--CE Module

Subjects: Migraine Diagnosis; Migraine Epidemiology; Migraine Etiology; Migraine Risk Factors; Migraine Symptoms; Migraine Therapy

 [HTML Full Text](#)

Page: 1

The document is displayed in the result list. Click the **Full Text** link to view the Quick Lesson or Evidence-Based Care Sheet. To access the CINAHL Continuing Education Unit Modules, click the **CE Module** link and follow the directions to enroll with CINAHL.

The screenshot shows the EBSCOhost website interface. At the top, a blue navigation bar contains links: New Search, Publications, CINAHL Subject Headings, Evidence-Based Care Sheets, Quick Lessons, More, Sign In, Folder, Preferences, Languages, and Help (highlighted with a red box). Below the navigation bar, the main content area is divided into sections. On the left, there's a 'Refine Results' sidebar with options like 'Current Search', 'Boolean/Phrase', 'Expanders', 'Limit To', and 'Source Types'. The main content area features the 'EBSCOhost Research Databases' section, which includes a search bar, a list of databases, and a 'View A Tutorial On This Topic' button. A pop-up window titled 'EBSCOhost Research Databases' is open, displaying the EBSCOhost logo, a search bar, and a list of research databases. The pop-up also includes sections for 'EBSCO Connect' and 'How to Use Help'.

EBSCOhost Research Databases

EBSCOhost is a powerful online reference system accessible via the Internet. It offers a variety of proprietary full text databases and popular databases from leading information providers.

The comprehensive databases range from general reference collections to specially designed, subject-specific databases for public, academic, medical, corporate and school libraries.



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EBSCO Connect

[EBSCO Connect](#) is available 24 hours a day, 7 days a week. Our FAQ database, [tutorials](#), and user guides can provide answers to your technical questions.

- **Library Staff/Administrators:** EBSCO Customer Support Representatives are also available by [e-mail](#) 24 hours a day, 7 days a week.
- **Library Patrons/Students:** For additional assistance, please contact your library staff/administrators.

How to Use Help

- When the Help icon  appears, you can click the icon and help for the screen you are on will display.
- To obtain help for the database(s) you are searching, click the Help icon  to the right of the Find field and click on the Database name at the bottom of the left-hand side of the Help window. Database help is also available from the Choose Databases window.
- To view the entire Help System, click the [Help](#) link at the top right-hand corner of the screen.

Note: The recommended screen resolution for EBSCOhost is 1024 x 768.

At any time, click on the **Help** link to view the complete online help system.



EBSCO Connect

For more information, visit EBSCO Connect
<https://connect.ebsco.com>